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[J Antimicrob Chemother.](#) 1998 May;41(5):563-5.

**Antiadhesive effects of xylitol on otopathogenic bacteria.**

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**Abstract**

The exposure of either epithelial cells or pneumococci or both to 5% xylitol reduced the adherence of pneumococci. Exposure of epithelial cells or bacteria alone to xylitol did not reduce the adherence of *Haemophilus influenzae*, although the exposure of both cells and bacteria to xylitol reduced the adherence significantly. The adherence of *Moraxella catarrhalis* remained low irrespective of the exposure.

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